

## **GET UP AND WALK.**

The prophet Elijah is fleeing for his life, after he had four hundred fifty false prophets of Baal slaughtered; but after a whole day of walking in the desert he was tired and depressed; he just wanted to die!

The Lord sends him an Angel who wakes him up and tells him: "Get up and walk". He goes back to sleep under a tree, but for the second time the Angel tells him: "Get up and walk, otherwise the journey will be too much for you"; and the prophet was able to walk for forty days and forty nights.

We too sometimes in life find ourselves in the same situation of the prophet! After having done all that the Lord has demanded, we have to face terrible situations and many enemies in our daily life. It is natural to fall into depression! Why is God allowing the bad people to persecute the good people! Isn't He concerned on the life of his children? Depression happens even to the strong among us! But then an "angel" comes around and gives us the bread for the journey; someone who unexpectedly comes out of nowhere and bring us courage and strength.

This "angel" comes to us with the strength and courage that comes from God alone. It is not just a human or psychological help, but it comes directly from God, and with that help we can walk our forty days and forty nights, which is the length of our life.

Get up and walk! If you are depressed, today you have to get up and walk! It is the angel of the Lord that "touches you"! Eat the bread of the Eucharist and you will receive all the strength and courage you need!

Get up and walk!

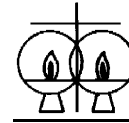
### **YOUTH MINISTRY**

#### **Join us for ALPHA JUNIOR**

All Youth ages 9-13 are invited on second Friday of the month from 6:30pm-9:30pm in Scalabrini Hall. Please register online [www.stcatherine.ca/youth](http://www.stcatherine.ca/youth) or registration forms at the office. Fee of \$20/person covers 12 sessions until June 2019.

#### **Join us for ALPHA SENIOR**

All youth ages 14-22 are invited every 4<sup>th</sup> Saturday of the month from 4-7pm in Zanon Hall.  
Our next session is August 25<sup>th</sup>.



## **MASS INTENTIONS**

### **Saturday, Aug. 11, 2018**

**St. Clare**

8:00am For our parishioners

6:00pm Deceased of Pasqual Family

### **Sunday, Aug. 12 19<sup>th</sup> Sunday in Ordinary Time**

8:30am Deceased of Chau Family

10:00am MESSA CON PIÚ INTENZIONI

11:30am MULTIPLE INTENTIONS MASS

1:00pm Lucia Fernandes

4:30pm Rohan D'Souza

6:00pm MISA CON INTENCIONES MULTIPLES

### **Monday, Aug. 13 Sts. Pontian & Hippolytus**

8:00am Antonietta Salvo

7:00pm Giovanni & Giovanna Di Michele

### **Tuesday, Aug. 14 St. Maximilian Kolbe**

8:00am Mauricio Pajes Bustamante

7:00pm Alessandro Di Michele

### **Wednesday, Aug. 15 Assumption of the Bl. Virgin Mary**

8:00am Mary & Ignatius Santis

6:30pm (*Novena in honor of Mother of Perpetual Help*)

7:00pm ROSARY

8:00pm MULTIPLE INTENTIONS MASS

followed by Procession and Benediction

### **Thursday, Aug. 16 St. Stephen of Hungary**

8:00am Joseph Trdak

7:00pm Bernadette Almeida

### **Friday, Aug. 17**

8:00am Maria Lurdes Viveiros & Family

7:00pm Giuseppe Cirillo and deceased family

### **Saturday, Aug. 18**

8:00am Jose Capellan

6:00pm Charlie D'Souza

### **Sunday, Aug. 19 20<sup>th</sup> Sunday in Ordinary Time**

8:30am Larry Feijo

10:00am MESSA CON PIÚ INTENZIONI

11:30am MULTIPLE INTENTIONS MASS

1:00pm Antonio Silva

2:30pm FILIPINO MULTIPLE INTENTIONS MASS

4:30pm Felice Marano

6:00pm MISA CON INTENCIONES MULTIPLES

**AVISOS EN ESPANOL**

Los invitamos a participar en la Peregrinación Hispana al Santuario de la Virgen de la Gracia en Marylake (13760 Keele Street, King City, ON L7B 1A7), el Sábado 18 de Agosto. Los dos autobuses saldrán del parqueadero parroquial a las 7:00 a.m. y regresarán a las 5:00 p.m. Para los que deseen ir en su automóvil el costo del parqueo en el Santuario es de \$10. Para mayor información, por favor llamar a los teléfonos.: 416-275-1258 o 647-770-3740

**La familia Misionera** hace la invitación a su encuentro de oración y reflexión los martes a las 07:35 p.m. en el salón Scalabrini

El grupo parroquial de la Renovación Carismática Católica Hispana los invita a la Asamblea de Oración y Alabanza los Viernes a las 7:35 p.m. en el Salón Grande de la parroquia.

**Hora Santa de los niños.** Se invita a las familias y especialmente a los niños a participar de la adoración al Santísimo Sacramento, el día martes 13 de agosto a las 07:30pm.

**PARISH CALENDAR**

**August 14** – Seniors Pilgrimage to Mary Lake

**August 15** – Assumption of the Blessed Virgin Mary

**August 18** – Peregrinacion Hispana a Mary Lake

**August 25** – Alpha Senior – 4-7:00pm – Zanon Hall

*Every Thursday evening at 7:30pm in Zanon Hall – ADULT FORMATION (Interior Castle of St. Theresa of Avila).*

*Every Tuesday night – Familia Misionera*

*Every Friday night – Spanish Charismatic Group.*

**CREDO**

*A faith Formation Program  
For the whole Parish*

- 1 – Go to: **SaintBenedictPress.com/Register**
- 2 – **Create an Account** (fill in the name and email)
- 3 – Select your Study: **CREDO**
- 4 – Select Group: **Mississauga, Mississauga, Ontario**
- 5 – Enter your access code: **CR00052**
- 6 – **Register.**

*(Next time choose: “Already have an Account”, instead of “Create an Account”).*

**RCIA – Rite of Catholic Initiation of Adults.**

This year again our parish will offer the course of instructions for ADULTS who are contemplating of receiving the Baptism or joining the Catholic Church or even learning more about the Catholic Faith. On August 25-26 there will be an announcement at all the masses. If you know someone who would be interested, please invite him or bring his/her information to the parish office.

**CHANGE OF MASS SCHEDULE:** Beginning on September 2, 2018 the 4:30pm Sunday Mass will be anticipated to 4:00pm, in order to give more time to the 4:00pm people to exit the parking lot and the 6:00pm Spanish mass to come into the parking lot.

**CHRISTIAN LIFE PROGRAM** organized by the “COUPLES FOR CHRIST.”

This Adult Formation Program for family renewal will begin on Friday, September 14, 2018 at 7:30pm in Zanon Hall and will continue till November 14, 2018. There will be an announcement-invitation at all masses on August 19<sup>th</sup> by members of the movement. This is a parish wide program. All are welcome!

**FRIDAY NIGHTS @ the MOVIES** with our Parish Family. Enjoy FREE wholesome, inspiring and faith-affirming movies in Zanon Hall at 7:30pm on Select Friday. August 24<sup>th</sup> “FRANCESCO”.

**The ASSUMPTION OF THE BLESSED MOTHER.** On Wed., Aug. 15<sup>th</sup> we will celebrate the solemnity of the Assumption of the Blessed Mother. All parishioners are invited to a special celebration: 7:00pm HOLY ROSARY followed by Solemn Mass. 8:00pm – Eucharistic Adoration followed by **CANDLE LIGHT PROCESSION** in the parking lot of the Church and conclusion with the Eucharistic Benediction.

**DR. SIMONE – ROSARY BRACELETS** will be sold after all Masses on Sunday, August 19<sup>th</sup> in support of Dr. Simone’s help for the poor.

**MISSION CO-OP APPEAL** On August 25 & 26, Fr. Robert Rivas from the Archdiocese of Castries in St. Lucia West Indies, will be coming to our Parish for the Mission Appeal. For you offering, you may use the envelope found in the envelopes package marked Mission Appeal or you may get an envelope available at the entrances of the Church.

**CATECHISTS** Do you have what it takes to join our team? We are looking for volunteers to help prepare children for Confirmation and First Holy Communion. We need Catechists, Assistant Catechists, and Team Support. Fill out forms at the Parish office or call Vicky 647-760-5954.

**ADULT SPIRITUAL FORMATION with Fr. Walter SUMMER SCHEDULE**

August 16 & 23 Interior Castle - St. Teresa of Avila  
August 30 Word of Life  
7:30 pm in Zanon Hall. Everyone Welcome!

**PRE-CANA: MARRIAGE PREPARATION COURSE** This fall we will offer a course for Marriage preparation to all those who are preparing for their marriage or even for those who want to renew or validate their marriage. It will begin on Tuesday, October 16, 2018 at 7:30pm in Zanon Hall and will continue on October 23, 30 and November 6, 13, 20, 2018. All the couples interested are to call the parish office (905) 272-1454 and register.