

I AM THE BREAD OF LIFE.

During these weeks, Jesus is giving us a great lesson on the Holy Eucharist. After His resurrection, the place where the disciples can find Jesus is precisely on the Holy Eucharist. For the past three weeks we have heard and seen the miracles about the bread of life.

Today Jesus tells us even clearer that He is the bread of life, and those who come to Him will never be hungry or thirsty again.

The human heart always feels a sense of emptiness and we try to fill it with many good things of this world; yet it always remains empty. Only when we fill it with spiritual goods, then our thirst is quenched. Human life is eternal, it will never end; the heart's desire is eternal; all the material things of this world are limited and will end at one moment in our lives, so our heart who is eternal will remain empty if we decide to fill our life with material goods only.

Jesus gives us also another interesting explanation: The works of God is not "doing" but "believing" in Him who sent me! To believe in Jesus is hard work! It is easy to talk about Him, even to pray to Him, but it is hard to really trust Him and take Him seriously. But only this type of trust can give the joy that only He can give and fill the emptiness of our hearts. What am I feeding my heart with?

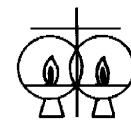
YOUTH MINISTRY**Join us for ALPHA JUNIOR**

All Youth ages 9-13 are invited on second Friday of the month from 6:30pm-9:30pm in Scalabrini Hall. Please register online www.stcatherine.ca/youth or registration forms at the office. Fee of \$20/person covers 12 sessions until June 2019.

Join us for ALPHA SENIOR

All youth ages 14-22 are invited every 4th Saturday of the month from 4-7pm in Zanon Hall.
Our next session is August 25th.

Thank you to the whole parish community for your overwhelming support of Books + Bakes Fundraiser! Our Youth Ministry's mission to lead our young people closer to Christ would not be possible without your generosity, support and prayers.

**MASS INTENTIONS****Saturday, Aug. 4, 2018 St. John Vianney**

8:00am Paul Nguyen & Anna Theresa Huynh
6:00pm Dana, Silvio & Franc Bilic

Sunday, Aug. 5 18th Sunday in Ordinary Time

8:30am Deceased member of Camama Family
10:00am MESSA CON PIÙ INTENZIONI
11:30am MULTIPLE INTENTIONS MASS
1:00pm Juliana Molero
4:30pm Olimpia Ciconte, Filomena & Carmine Pisani
6:00pm MISA CON INTENCIONES MULTIPLES

Monday, Aug. 6 Transfiguration of the Lord

8:00am For our parishioners
7:00pm Rosa & Domenico Paonessa

Tuesday, Aug. 7 Sts. Sixtus II & Cajetan

8:00am Joseph Trdak
7:00pm Raffaella Truscello

Wednesday, Aug. 8 St. Dominic

8:00am For our parishioners
6:30pm (*Novena in honor of Mother of Perpetual Help*)
7:00pm MULTIPLE INTENTIONS MASS

Thursday, Aug. 9 St. Teresa Benedicta

8:00am Benjamin Montada
7:00pm Terrence Madore

Friday, Aug. 10 St. Lawrence

8:00am Fernando Deluca
7:00pm Teresa Assisi

Saturday, Aug. 11 St. Clare

8:00am For our parishioners
6:00pm Deceased of Pasqual Family

Sunday, Aug. 12 19th Sunday in Ordinary Time

8:30am Deceased of Chau Family
10:00am MESSA CON PIÙ INTENZIONI
11:30am MULTIPLE INTENTIONS MASS
1:00pm Lucia Fernandes
4:30pm Rohan D'Souza
6:00pm MISA CON INTENCIONES MULTIPLES

AVISOS EN ESPAÑOL

Peregrinación hispana. Se hace la cordial invitación a participar de la **peregrinación al Santuario de la Virgen de la Gracia en Marylake** (King City Ontario). Se realizara el sábado 18 de agosto de 2018. Mayor información a los siguientes números telefónicos: 9053029361 o, 4162751258.

La familia Misionera hace la invitación a su encuentro de oración y reflexión los martes a las 07:35 p.m. en el salón Scalabrini

La Renovación Carismática Católica Hispana los invita muy especialmente a la Asamblea de Oración y Alabanza el próximo 27 de julio, a las 07:35 p.m.

Hora Santa de los niños. Se invita a las familias y especialmente a los niños a participar de la adoración al Santísimo Sacramento, el día martes 13 de agosto a las 07:30pm.

PARISH CALENDAR

August 11 – RCIA Reunion

August 14 – Seniors Pilgrimage to Mary Lake

August 15 – Assumption of the Blessed Virgin Mary

August 18 – Peregrinacion Hispana a Mary Lake

August 25 – Alpha Senior – 4-7:00pm – Zanon Hall

Every Thursday evening at 7:30pm in Zanon Hall – ADULT FORMATION (Interior Castle of St. Theresa of Avila).

Every Saturday Afternoon (2:30pm) English Charismat Prayer Group.

Every Tuesday night – Familia Misionera

Every Friday night – Spanish Charismatic Group.

CREDO

*A faith Formation Program
For the whole Parish*

- 1 – Go to: **SaintBenedictPress.com/Register**
- 2 – **Create an Account** (fill in the name and email)
- 3 – Select your Study: **CREDO**
- 4 – Select Group: **Mississauga, Mississauga, Ontario**
- 5 – Enter your access code: **CR00052**
- 6 – **Register.**

(Next time choose: “Already have an Account”, instead of “Create an Account”).

CHANGE OF MASS SCHEDULE: Beginning on September 2, 2018 the 4:30pm Sunday Mass will be anticipated to 4:00pm, in order to give more time to the 4:00pm people to exit the parking lot and the 6:00pm Spanish mass to come into the parking lot.

CHRISTIAN LIFE PROGRAM organized by the **“COUPLES FOR CHRIST.”**

This Adult Formation Program for family renewal will begin on Friday, September 14, 2018 at 7:30pm in Zanon Hall and will continue till November 14, 2018. There will be an announcement-invitation at all masses on August 19th by members of the movement. This is a parish wide program. All are welcome!

FRIDAY NIGHTS @ the MOVIES with our Parish Family. Enjoy **FREE** wholesome, inspiring and faith-affirming movies in Zanon Hall at 7:30pm on Select Friday. August 10th **“THE RELUCTANT SAINT”**.

RCIA REUNION.

On Saturday August 11, at the 6:00pm Mass we are inviting all the new members of our community who were baptized on the last 3 years in our parish. It will be an evening of remembering and sharing our faith journey.

CATHOLIC MISSIONS IN CANADA collection August 11th & 12th. Catholic Missions provide financial support to missionaries working in 25 Mission Dioceses in Canada.

SENIORS’ GROUP Tues., Aug. 14th, the **Seniors** will be going on a pilgrimage with Fr. Walter to Marylake Retreat Centre in King City 9am-5pm. For bus reservations call Vicky at 647-760-5954

The ASSUMPTION OF THE BLESSED MOTHER. On Wednesday, August 15, 2018 we will celebrate the solemnity of the Assumption of the Blessed Mother. All parishioners are invited to a special celebration: 7:00pm **HOLY ROSARY** followed by Solemn Mass. 8:00pm – Eucharistic Adoration followed by **CANDLE LIGHT PROCESSION** in the parking lot of the Church and conclusion with the Eucharistic Benediction. The Filipino Community is invited to organize the whole celebration. Let us honor our Mother in heaven.

DR. SIMONE – ROSARY BRACELETS will be sold after all Masses on Sunday, August 19th in support of Dr. Simone’s help for the poor.

CATECHISTS Do you have what it takes to join our team? We are looking for volunteers to help prepare children for Confirmation and First Holy Communion. We need Catechists, Assistant Catechists, and Team Support. Fill out forms at the Parish office or call Vicky 647-760-5954.

ADULT SPIRITUAL FORMATION with Fr. Walter SUMMER SCHEDULE

August 9, 16, 23

Interior Castle - St. Teresa of Avila

Aug 30 Word of Life

7:30 pm in Zanon Hall. Everyone Welcome!